



1 pound Ground Bison
4 burger buns, split and toasted
Salt & pepper
Cheese (optional)

Shape Ground Bison into four ½" thick patties. Grill covered 4-6" above medium hot coals, turning once, just until the pink has disappeared. Season to taste with salt and papper. Tuck into a toasted bun, top with your favorite condiments, and enjoy.
Serves 4.

Per patty:
156 calories
9.1g fat
30mg cholesterol
60mg sodium